

## SCHEDULE OF EVENTS

### COACHES MEETING

4:00 100/110 HURDLES  
100 METER DASH  
1600 METER RUN  
4 X 100 METER RELAY  
400 METER DASH

300 METER HURDLES  
800 METER RUN  
1600 MEDLEY RELAY  
200 METER DASH  
3200 METER RUN  
4 X 400 METER RELAY

### FIELD EVENTS

|      |                 |      |                 |
|------|-----------------|------|-----------------|
| 3:00 | BOYS JAVELIN    | 5:00 | GIRLS JAVELIN   |
|      | GIRLS DISCUS    |      | BOYS DISCUS     |
|      | BOYS LONG JUMP  |      | GIRLS LONG JUMP |
|      | BOYS SHOT PUT   |      | GIRLS SHOT PUT  |
| 4:00 | GIRLS HIGH JUMP |      | BOYS HIGH JUMP  |